

Instructor



Joshua Helton is a 15-year law enforcement veteran with the Davis (California) Police Department, specializing in training on investigation of non-fatal strangulation assaults and intimate partner violence cases. He also trains on modern interview and interrogation strategies, along with trauma-informed interviewing. In addition, Josh testifies as an expert witness on strangulation assaults and intimate partner violence dynamics.

He serves as a faculty member with the Training Institute on Strangulation Prevention and is a guest instructor at advocate-certification training programs for community-based advocacy organizations in his region. He is a member of the End Violence Against Women International (EVAWI) Cadre of Experts, a group of top professionals in the field of criminal justice response to sexual assault and gender-based violence.

Joshua and his Investigations team received Unit Citation awards in 2017 and 2018 for their work on several high-profile investigations. In 2019, he was honored by the Sacramento County Domestic Violence Prevention Collaborative as a recipient of their Symbol of Service Award.

During his tenure in law enforcement, Joshua's assignments have included patrol officer, detective, cadet program advisor, and evidence response team member. Based on this experience, Joshua learned the most effective criminal justice responses occur when professionals collaborate to bring a multidisciplinary perspective to their work. His current projects involve advocating for improved multidisciplinary responses to intimate partner violence, sexual violence, and non-fatal strangulation assaults, along with encouraging the use of modern, trauma-informed interviewing techniques by criminal justice practitioners.

Instructor



Frank Lowe has over 35 years of police experience. After 30 years, he retired from the Oakland PD as a captain. Upon retirement, Frank served and retired as the Police Chief of the Federal Reserve Police of San Francisco. He currently serves as a Reserve Police Officer for both the Oakland and Santa Clara Police Departments. Frank is currently a sworn welfare fraud investigator for the City and County of San Francisco.

Frank served his law enforcement career with honor and distinction resulting in various medals of valor and bravery along with numerous career recognitions.

With a passion for training and advancing others in the profession, Frank has regularly prepared others to lead and become skilled investigators. While serving as an investigator, Frank learned the importance of applying communication skills to effectively gather information from others, regardless of assignment. Effective information gathering during interviews is an essential skill necessary for all law enforcement officers. Frank has personally investigated, supervised, and managed numerous criminal cases throughout his career. As a Police Academy Coordinator, Frank has assisted the California Peace Officer Standards and Training (POST) in the development of the Basic Course Curriculum, Patrol Procedures testing and evaluation, and the Recruit Training Officer Course.

Frank has worked and commanded in field operations (patrol and motors), training, and investigations; he has taught numerous law enforcement subjects to include criminal law, communication skills, interviewing and interrogation, training fundamentals, firearms, chemical agents, vehicle operations, search warrants, and regularly trains and mentors others in preparation for promotional exams. He also has experience training others outside of law enforcement as a community college instructor, and as Risk Management Instructor for the Army Reserve.

Frank is currently the Lead Instructor in the Modern Interview and Interrogation project for the Savage Training Group.

Frank holds a Bachelor of Science degree in Criminal Justice Administration from San Jose State University, a master's degree in human Behavior from National University, and is a graduate of the FBI National Academy.