

Instructor

Matt Harden is the owner and lead instructor of OpTempo Training Group (est. 2017) an organization dedicated to providing relevant and professional training. Matt is a Marine Corps combat veteran and the firearms program supervisor for a SF Bay Area Police Department. Matt has 12 years of law enforcement experience to include patrol, SWAT, and narcotics detective. During this time Matt has trained hundreds of L.E. and military personnel in firearms and tactical topics, to include multiple international Police agencies. Matt continues to work in law enforcement which enables an up-to-date knowledge base of tactics and techniques being utilized now, not 10 years ago.